

Hospital Daily Log

TODAY IS: MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY

My Morning Nurse's Name is: _____

Morning Consultant Rounds – My Consultant said: _____

I was able to eat this morning: Yes / No What: _____

I was able to drink this morning: Yes / No How Much: _____

This morning my wound looks: Dry / Weepy / Red / Itchy / Pink / It's Healing Nicely

I have passed urine this morning: quantity _____ mls

Older Children

1st Urination: _____ ml

2nd Urination: _____ ml

3rd Urination: _____ ml

4th Urination: _____ ml

5th Urination: _____ ml

6th Urination: _____ ml

Babies & Toddlers

My morning nappy has been: Wet / Dry and weighed _____ gms

1st Nappy: _____ weight

2nd Nappy: _____ weight

3rd Nappy: _____

4th Nappy: _____ weight

5th Nappy: _____ weight

6th Nappy: _____

I have passed poo through my bowel overnight: Yes / No

My temperature this morning is: _____ C

10am Temp:

Midday Temp:

2pm Temp:

4pm Temp:

6pm Temp:

8pm Temp:

10pm Temp:

Midnight Temp:

2am Temp:

4am Temp:

6am Temp:

8am Temp:

Things Mummy/Daddy/Carer want to remember to ask the Dr/Nurse/Consultant tomorrow:

Hospital Daily Log

Pain Relief – How much and time given:

Paracetamol: ___ml @___ / ___ml @___ / ___ml @___ / ___ml @___ / ___ml @___

Ibuprofen: ___ml @___ / ___ml @___ / ___ml @___ / ___ml @___ / ___ml @___

Morphine: ___ml /hour background. Morphine Pushes at: _____

My Evening Nurse's Name is: _____

I was able to eat tonight: Yes / No What: _____

I was able to drink this evening: Yes / No What/Qty: _____

This evening my wound looks: Dry / Weepy / Red / Itchy / Pink / It's Healing Nicely

Older Children

I have passed urine this evening: Quantity _____mls

1st Urination: ___ ml

2nd Urination: ___ ml

3rd Urination: ___ ml

4th Urination: ___ ml

5th Urination: ___ ml

6th Urination: ___ ml

Babies & Toddlers

My evening nappy has been: Wet / Dry and weighed _____gms

1st Nappy: ___ weight

2nd Nappy: ___ weight

3rd Nappy: _____

4th Nappy: ___ weight

5th Nappy: ___ weight

6th Nappy: _____

Things Mummy/Daddy/Carer want to remember to ask the Dr/Nurse/Consultant tomorrow:

Parent/Carer Self Care Checklist:

- Have you eaten anything today?
- Have you consumed enough water today?
- Have you managed to take a shower?
- Have you slept at all today/last night?
- Have you updated friends/family? Relaying info to one person and getting them to update everyone else can work. Or set up a private/secret Facebook group specifically for updates.

Remember:

Your child needs YOU to be OK, so they feel safe and secure in their new hospital environment. It's not selfish to take time to shower, eat and sleep. Your nursing team may be able to help give you time to do these things. Ask your team.